

Wow Recognition Award

'Free Running' St. Vincent's and Airborne Academy

Participation in sports across all disability groups is the lowest from the visually impaired (VI) community. This is due to a range of reasons including mobility, access and inclusion. The impact can lead to isolation and mental health issues. Pupils at St. Vincent's school for sensory impairment have been participating in free running (Parkour) as a sport to break down perceptions of VI, build confidence and generate friendship groups. For blind and partially sighted pupils to participate in the moves required and to excel at them is a real credit to their determination and spirit as demonstrated in the attached YouTube link and noted by a great son of the City and leader in all things creative Sir Ken Robinson.

<https://youtu.be/5sG-VoXyh40>



Sir Ken Robinson  @S... · 11/04/2019 ✓

Pioneering work at [@StVincentsL12](#) empowering blind & partially sighted students through movement & free running. youtu.be/5sG-VoXyh40

