

<b>Lesson: Journey for Peace Comics.</b> <b>Cooking and Nutrition – Sir Ken Dodd Cup Cakes</b>	<b>Comic: 2</b> <b>Sir Ken Dodd at Lime Street (Happiness)</b>
<b>Overview of Key Skills</b> <b>Using baking skills and techniques safely and effectively</b> <b>Following food safety and hygiene practices.</b> <b>Nutrition : health and well-being/Calories</b>	<b>Cross-curricular links</b> Enrichment PHSE/Health and Well-being/Happiness Science/Nutrition P.E
<b>Learning Objectives:</b>	<ol style="list-style-type: none"> <li>1. Enhance cooking skills and techniques gained.</li> <li>2. Demonstrate food safety and hygiene throughout the preparation and cooking process.</li> <li>3. Follow Cup Cake recipe.</li> <li>4. Cake Decoration</li> <li>5. Nutrition/Well-being/Happiness</li> </ol>
<b>Key Teaching Points / Research Opportunities</b>	<ol style="list-style-type: none"> <li>1. Select and prepare ingredients for a recipe            Objectives:           <ul style="list-style-type: none"> <li>● To be able to select the correct ingredients from recipe</li> <li>● To be able to follow the recipe using the measurements and preparation methods given.</li> <li>● To be able to safely prepare ingredients using the correct utensils and equipment</li> <li>●</li> </ul> </li> <li>2. Use baking skills when following a recipe.            Objectives:           <ul style="list-style-type: none"> <li>● To be able to safely use the electrical equipment</li> <li>● To demonstrate the skills and techniques required when following the recipe</li> <li>● To demonstrate the appropriate safety procedures when using utensils and kitchen equipment</li> <li>●</li> </ul> </li> <li>3. Demonstrate food safety and hygiene throughout the preparation and cooking process.</li> </ol> <p>Research Opportunities</p> <ul style="list-style-type: none"> <li>● Sir Ken Dodd’s Diddy men</li> <li>● Creating simple design to represent Ken Dodd’s Diddy men for the cup cakes</li> </ul>
<b>Independent Work</b>	With support and guidance when required practice safe and hygienic cooking skills and techniques when possible.
<b>Plenary</b>	Question and answer session- What have we learnt this lesson. Understanding that comic 2 references to Sir Ken Dodd emphasize that happiness is a sense of well-being. There is a strong link between food and happiness

<b>Resources, including ICT</b>	Kitchen equipment and utensils V. 1 kitchen equipment Recipe/Ingredients Comic book 2 (Sir Ken Dodd)
<b>Key Questions</b>	Have you enhanced your baking skills during this task? Would you bake cup cakes again? Did you feel that this recipe and design makes you more creative? Do you feel that cup cakes are a happy treat? Sir Ken Dodd was known for spreading happiness through laughter did you feel happy sharing your cup cakes?
<b>Vocabulary</b>	Baking, Design, Creativity, Happiness, Well-being
<b>Success Criteria</b>	Learning objective achieved
<b>Assessment Opportunities</b>	<ol style="list-style-type: none"> <li>1. Through reading relevant materials, nutrition and the benefits to health and well-being. Worksheets (Marking)</li> <li>2. Throughout tasks gaining safe cooking skills and techniques. Safe food hygiene practice. (Observation)</li> <li>3. Through group discussion, questions and answer sessions. (Assessment)</li> </ol>