

Physical Educational Curriculum Map 2025-2026

KS2 – Years 3,4,5 and 6 – National Curriculum for England – Complete PE

KS3 Years 7,8 and 9 – National Curriculum for England – Complete PE

KS4 Years 10 and 11 – National Curriculum for England – Complete PE

KS4 Years 10 and 11 – WJEC Healthy Living and Fitness or Asdan Sport Short Course



	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 3	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Mindfulness
Year 4	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Mindfulness
Year 5	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Health Related Exercise
Year 6	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Health Related Exercise
Year 7	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding

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	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 8	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding
Year 9	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding
Year 10	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding
Year 11	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding
Year P16	Dance	Invasion Games	Gymnastics	Inclusion Games	Athletics	Striking & Fielding

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y10 Sport (Asdan)	Sports Participation	Health, Fitness & Nutrition	Researching Sport	Sport in the Community	Coaching & Officiating	Working In Sport
P16 HL&F (WJEC)	Dance					