



Headteacher's Weekly Newsletter

Friday 13th February 2026

Dear Parents and Carers,

As we reach the end of this half-term, I want to take a moment to reflect on what has been a busy, productive and inspiring start to 2026 at St Vincent's School. The past six weeks have been full of progress, opportunity and community spirit — and it has been a pleasure to see all our pupils continue to grow in confidence, independence and ambition.

House points as we end for the half-term are Ash (199), Oak (152), Elm (153).

Children's Mental Health Week – Place 2Be's

This week, we marked Children's Mental Health Week — a national campaign focused on the importance of every child's emotional wellbeing and ability to express themselves in positive ways. Across the school, pupils took part in activities that encouraged them to talk about feelings, build resilience and recognise the value of kindness, creativity and connection. Many classes took time outdoors as part of this work — enjoying the Daily Mile, exploring our green spaces, and using nature to help calm the mind and support wellbeing. These experiences reflect the campaign's key themes of movement, connection, and taking notice, and it has been wonderful to have pupils engaging with the activities with care, confidence and enthusiasm. At St Vincent's, we know that nurturing mental health is an ongoing journey, and this week reminded us all how powerful everyday habits and supportive relationships can be.

If you would like to continue to access further resources from this week – you can do so using the following link: [Place2Be's Children's Mental Health Week - Official site](https://www.place2be.org.uk/childrens-mental-health-week)

Careers Day – Thursday 12th February

On Thursday, we were delighted to host our Careers Day, which brought a real buzz of aspiration and curiosity across the school. Our carousel of workshops featured an inspiring range of speakers from different sectors and industries — alongside some of our own past pupils, who returned to share their journeys beyond St Vincent's School. From hands-on insights into the world of work to honest conversations about pathways and perseverance,

pupils engaged brilliantly throughout the day. It was a powerful reminder of the importance of raising aspirations and helping our young people see the breadth of opportunities available to them.

Headteachers Hot Chocolate

This week's Headteacher's Hot Chocolate was awarded to Katie-Ann, in recognition of her fantastic enthusiasm and engagement during our recent Careers Day. Katie-Ann approached each carousel session with curiosity and confidence, asking thoughtful questions and showing genuine interest in the opportunities being presented. Her positive attitude and willingness to explore future pathways really stood out, and she was a wonderful ambassador for the school throughout the day. Well done, Katie-Ann — a very well-deserved treat!

We ended the week together in assembly, taking time to reflect on a half-term marked by kindness, growth and community spirit. It was heartening to observe how many new leaves have been added to our Kindness Tree, each one recognising thoughtful actions and small gestures that have made a real difference. These moments truly capture the values we hold dear at St Vincent's. A special thank you also goes to our Year 7 pupils for leading such a confident and informative assembly on e-safety — your message about staying safe and respectful online was clear, mature and much appreciated by us all.

Wishing all staff, pupils, parents and carers restful half-term break.

Mr D Swanston

Headteacher